

# ሰላም ኣብ ቤት



**(Tigrigna 1) ኣብ ናይ ሓዳር ህይወት ርክብክን፡ ዘሽገረክን ጠባያት እንተደኣ ኣሎ ኩዌኑ እሞ፡ ምስ ካልእ ሰብ ብትግርኛ ክትዘራረብ፡ ወይድማ ሓበሬታ ክትረኽብ እንተደኣ ደሊኻን፤**

**ናብ ሰላም ኣብ ቤት ዝበሃል ኣገልግሎት ብስልኪ ቁጽሪ**

**1-888-847-7205**

**ደውላ። ናይ ኣፍሪቃ ቋንቋ ንምርካብ ቁጽሪ "3"፡ ናይ ትግርኛ ቋንቋ ንምርካብ ድማ ቁጽሪ "2" ክትጥውቅ ከምዘሎክን ብቋንቋ እንግሊዝ ክትሕበራ ኢኻን። እዚ ብናጻ ዝድወል ቁጽሪ ክኸውን እንከሎ፡ እቲ ኣገልግሎት ድማ እንግሊዘኛ ቋንቋ ንዘይዛረባ ደቂ ኣንስትዮ ዝወሃብ እዩ።**

If something in your relationship is bothering you and you want to speak to someone or get information in Tigrigna, call the Peace in the Home Helpline at 1-888-847-7205. You will be asked in English to press “3” for “African languages”, and press “2” for “Tigrigna”. The call is free and the program is for non-English speaking women.

**1-888-847-7205**

